



A Five Day International FDP

on

Working with Emotional Intelligence and Life Skills Management (WEILSM - 2024)

02nd - 06th December 2024



Organized by

Department of English
in association with
ELT@GUNTUR CHAPTER

Bapatla Engineering College:: Bapatla
(Autonomous)

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INTRODUCTION:

The goal of this International Five-Day Faculty Development Program (FDP) on 'Working with Emotional Intelligence and Life Skills Management' is to support participants in developing the emotional intelligence and life skills they need to excel in today's AI-driven, globally connected world. Throughout the program, participants will dive into key emotional intelligence skills like self-awareness, self-regulation, and empathy, which are essential for building personal resilience and professional growth.

The FDP will also focus on strengthening life skills, including adaptability and decision-making, to help participants handle challenges confidently. With an emphasis on sustainable leadership and effective management in diverse, multicultural settings, the program will guide participants in creating strategies for academic and organizational success. Building self-efficacy and encouraging teamwork are central themes, as these skills are vital for improving team dynamics and fostering a respectful, productive environment. Additionally, the program will introduce Emotional Intelligence 5.0, emphasizing how well-being, stress management, and personal balance can enhance overall mental and emotional health, especially in high-pressure workplaces. Finally, participants will learn to assess and expand their emotional quotient (EQ) and power portfolios, empowering them to lead with influence and effectiveness. This FDP is designed to inspire sustainable growth and equip participants with the skills to navigate and lead in a constantly evolving professional landscape.

OBJECTIVES:

- To introduce the concept of Emotional Intelligence 5.0, and its significance in professional and personal life.
- To help faculty understand how emotional awareness can improve decision-making, conflict resolution, and interpersonal relationships.
- To provide practical tools for enhancing emotional resilience, empathy, and self-regulation.
- To highlight the importance of life skills management, including time management, stress management, and effective communication.
- To develop strategies for fostering a supportive learning environment for students by incorporating EI principles.

ABOUT THE COLLEGE:

Bapatla Engineering College (Autonomous) (BEC), established in the year 1981, Bapatla Engineering College (Autonomous) is one of the seven Educational Institutions founded and run by Bapatla Education Society. The college is one of the fifteen first generation self-financing engineering colleges in the combined state of Andhra Pradesh, known for its sustained efforts to impart quality education for nearly four decades. The college offers seven B.Tech Programs in Civil, Computer Science, Electronics and Communications, Electrical and Electronics, Mechanical Engineering, Electronics and Instrumentation and Information Technology. The college also offers five Post Graduate programs in engineering – Communication Engineering & Signal Processing, Computer Science and Engineering, Structural Engineering, Power Systems, and CAD/CAM. Also offers MCA and four M.Sc. programs in Mathematics, Physics, Organic Chemistry and Inorganic Chemistry. The college has five research centers recognized by Acharya Nagarjuna University. The college was accorded AUTONOMOUS status in the academic year 2010-11 by the University Grants Commission and Acharya Nagarjuna University. The college is equipped with Centres of Excellence- Cisco-DMS, Siemens-COE, Bosch- Rexroth-COE & Robotic Technology Centre. The college has been accredited with MAAC A+ and obtained NBA accreditations for its CE, CSE, EEE, and ME programs.

ABOUT THE DEPARTMENT:

Today's global requirement places English Communication skills on the top as a critical and crucial factor in making students employable. In the words of the world-famous poet and dramatist William Shakespeare, "Mend your speech lest it mar your fortune." Communication is far and away the most important aspect of success in every domain of life. The English department helps students acquire communicative competence and equips them with manners, etiquette, and soft skills to think creatively and critically. The department, headed by Dr PVN Malleswara Rao, has a dedicated team of qualified faculty members to help students become better orators and communicators by teaching them to overcome their inhibitions and master the four skills- LSRW (Listening, Speaking, Reading & Writing). Apart from the academics, the team also trains students for competitive exams like TOEFL, IELTS, CAT etc... The department has six doctorate degree holders, and two are currently pursuing their doctorates. Aside from that, the department has an important role to play in assisting slow learners with the hone of their communication skills. As a result, the department runs a student club called AWAAZ where all slow learners are trained by a team of student coordinators and faculty members as a means of helping them succeed as fast learners.

Registration

- ✓ There is **NO REGISTRATION FEE** to attend the FDP
- ✓ Faculty Institutions and UG/PG Colleges affiliated to various Universities can attend the FDP
- ✓ Last date of Registration to FDP is 25-11-2024

Please use the following link/QR Code for Registration:



<https://forms.gle/oFLTVf2KkKtoXg988>

Certificate:

Upon successfully attending all the sessions and submitting daily feedback forms, participants will receive an e-certificate.

RESOURCE PERSONS

Day 1 - Dr. D. Praveen Sam
Assistant Professor
SSN College of Engineering, Chennai,
Tamilnadu
Title: Optimizing Emotional Intelligence and Life Skills Management for an AI-Integrated Workforce



Day 2 - Dr. Kashif Raza

Postdoctoral Fellow, Faculty of Education
University of British Columbia, Vancouver,
Canada
Title: Global-Contextual Leadership & Management for Sustainable Academic Growth



Day 3 - Dr. Farhathunnissa Begum

Assistant Professor
Universiti Utara Malaysia, Sintok, Kedah,
Malaysia
Title: The Role of Self-Efficacy in Workplace Collaboration and Team Dynamics



Day 4 - Prof. Adam Paul. P

MANUU (Central University)
Satellite Campus, Darbhanga
Title: Emotional Intelligence 5.0: Strategies for Holistic Well-being



Day 5 - Dr. Chumki Biswas

Associate Professor
ThadomalShahaniEngineering
College(TSEC), Mumbai
Title: Emotional Quotient (EQ) and Power Portfolio in the Workplace



For Further Details Contact

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PATRONS OF THE FDP

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Dr. Nazeer Shaik
Principal, Bapatla Engineering College, Bapatla.

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